



SNTMA Facebook contest guidelines

Suggestions but not limitations:

1. Pictures: of your commute, from along your commute, your transportation, carpool/ vanpool group, bike/walk buddies, pictures of home work space, your home work attire, SNTMA alternative commute / commute coordinator awards you have won.
2. Share experience using alternative commute mode: why you started, \$ you save, how much Co2 you are removing from the air, health benefits from walking/ biking to work, OfficeShare Bike uses, number of miles on/story about bike purchased w/ SNTMA bucks for bikes program, what you bought your bike with the SNTMA \$100 bike maintenance and accessory subsidy, why you like May is Bike Month, uses of prizes/ promo items won for completing Sacregion511.org trip diary, people you met using alternative commute modes, Capital Improvements subsidy uses (for property managers).

What are alternative commute modes?

Walk	Bike	Carpool
Vanpool	Transit	Light rail
Amtrak	Telework	Low Emissions Vehicle
		Anything other than driving alone

Prizes

There are 3 levels of prizes for a total of 6 prizes to win each month! The **platinum level prize** is a \$50 gift card from Amazon, iTunes or DoorDash. There are **2 gold level prizes** which are \$25 gift cards from Amazon, iTunes or DoorDash. There are **3 silver level prizes** which are \$10 gift cards from Amazon or iTunes.

In January 2023, there will be one \$250 cash **grand prize** winner selected from the 12 first place winners of 2022 and two \$100 cash prize runners up. All prizes are emailed to work email addresses.

Rules:

1. **1 winner per carpool/vanpool: the SNTMA member that submits photo/ alternative commute story.**
2. **Can only win 1 month per calendar year.**
3. **"Like" SNTMA on FB to participate and must be registered in the Sacregion511.org**
4. **Members have entire calendar month to participate, prizes will be awarded by the end of the following month.**